

FOR IMMEDIATE RELEASE

The American Society for Nutrition Awards Inaugural Herbalife Nutrition Scholarship to Nicole S. Litwin, MS, RD

Baltimore, MD – June 11, 2019 – The American Society for Nutrition (ASN) Foundation awarded the inaugural Herbalife Nutrition Scholarship to Nicole S. Litwin, MS, RD. The \$5,000 scholarship aims to support the research and/or clinical training of a promising student seeking an advanced degree in nutrition or related field. Sponsored by Herbalife Nutrition, the award will be presented at Nutrition 2019, ASN's annual scientific sessions being held June 8-11 in Baltimore, MD.

Litwin is a doctoral candidate in the Department of Food Science and Human Nutrition at Colorado State University, specializing in Functional Foods for Health. As a graduate research assistant in the Functional Foods & Human Health Laboratory, she helps design and conduct clinical trials that investigate the efficacy of various food and dietary supplement interventions to improve cardiovascular and metabolic health in high-risk human populations, and to gain insight into mechanisms responsible for clinical outcomes. She earned a bachelor's degree in Nutrition and Food Science and a master's degree in Clinical Nutrition from East Tennessee State University, where she also completed her dietetic internship.

"The ASN Foundation is thrilled to support rising stars like Nicole," said ASN President Catherine Field, PhD, RD. "This scholarship will allow Nicole to continue her research activities and pursue critical issues in nutrition that will contribute to improved global health."

The scholarship is directed to Registered Dietitians (RD) or those intending to become an RD who are members of the American Society for Nutrition. Herbalife Nutrition has provided a commitment to the ASN Foundation to support this annual scholarship for the next four years. A call for applications for the next round of scholarship funding will open in August 2019.

"We are honored to partner with professional organizations like the American Society for Nutrition to help develop the next generation of talented Registered Dietitians," said Susan Bowerman, MS, RD, CSSD, CSOWM, FAND, Sr. Director of Worldwide Nutrition Education and Training at Herbalife Nutrition.

ASN is the nation's leading scientific society devoted to advancing nutrition research and its clinical applications. Its Foundation enhances the Society's efforts by fostering the development of the next generation of nutrition scientists and practitioners. Each year, the ASN Foundation distributes nearly \$100,000 in awards, travel grants and scholarships to students and young investigators to support their academic endeavors.

For more information about the scholarship, visit nutrition.org/herbalife-nutrition-scholarship.

About the American Society for Nutrition

About the American Society for Nutrition (ASN) ASN is the preeminent professional organization for nutrition research scientists and clinicians around the world. Founded in 1928, the society brings together the top nutrition researchers, medical practitioners, policy makers and industry leaders to advance our knowledge and application of nutrition. ASN publishes four peer-reviewed journals and provides education and professional development opportunities to advance nutrition research, practice and education.

About Herbalife Nutrition

Herbalife Nutrition is a global nutrition company whose purpose is to make the world healthier and happier. The Company has been on a mission for nutrition - changing people's lives with great nutrition products and programs - since 1980. Herbalife Nutrition offers high-quality, science-backed products, one-on-one coaching with an Herbalife Nutrition independent distributor, and a supportive community that inspires customers to embrace a healthier, more active lifestyle.

Herbalife Nutrition's targeted nutrition, weight-management, energy and fitness and personal care products are available through its independent distributors in more than 90 countries.

Herbalife Nutrition supports the Herbalife Nutrition Foundation, a non-profit organization that assists community organizations focused on providing good nutrition. Herbalife Nutrition is also proud to sponsor more than 190 world-class athletes, teams and events around the globe.

Herbalife Nutrition has more than 8,300 employees worldwide. To learn more, visit IAmHerbalife.com.

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