Objective:
The Clinical Nutrition Internship Program (CNIP) aims to foster an interest in the role of nutrition in the practice of medicine, medical research, health promotion and disease prevention.

Description of the program:
The Clinical Nutrition Internship Program is designed to expose medical students to a unique combination of educational experiences on the role of nutrition in health promotion and disease prevention and the provision of medical nutrition therapy.

Each selected student will be matched with a mentor, a recognized authority in clinical nutrition in a U.S. medical school or hospital. Selected applicants may choose their own mentor, though all mentors must be a regular professional member of ASN.

Internships will last eight weeks and are usually scheduled over the summer. Other times may be considered if approved by the student's school. The students will be exposed to both clinical and academic aspects of nutrition. Each student will receive a $2500 stipend for the eight-week internship – $1,250 upon acceptance of the internship and $1,250 upon completion of the intern activities listed below.

Roles Defined:

- **Student:** The student is the applicant. He/she agrees to participate fully in the CNIP program, if chosen, and work with his/her mentor to participate in the defined activities.
- **Advisor:** The advisor is someone at the student’s current institution that helps ensure that the student’s interest in clinical nutrition is sustained and further developed upon completion of this internship. A broad-based nutrition plan for the remainder of his/her medical school training must be submitted in part 2 of the application. The plan should demonstrate how it relates to the nutrition program at the student’s institution.
- **Mentor:** The mentor is an ASN member that the student is paired with after being chosen for the internship program. The mentor can be from the student’s institution, a nearby institution or another location (provided the student is able to travel and reside there).
**Intern Activities include:**

- Visit at least one nutrition clinic (i.e., outpatient, eating disorders, obesity, pediatric nutrition clinics) each week.
- Participate in at least 8 nutrition support rounds.
- Attend at least one research conference each week, (i.e., lab meeting, research seminar, journal club meeting) to be followed by discussion between mentor and student.
- Spend one half day with a dietitian on four or more occasions. Ideally, the student should work with different dietitians in various specialties or on days that a dietitian is working in different settings (example: inpatient, outpatient, rehabilitation, clinical rounds, etc.).
- Write a 3-5 page research paper on a clinical or research nutrition topic of the student’s choice, to be completed and presented to the mentor at the end of the eight week program. A copy of this paper must be sent to the ASN office and the student’s medical school advisor.
- Complete an evaluation form at the end of the internship for ASN.
- Complete a blog post of the experience for the ASN blog.

<table>
<thead>
<tr>
<th>Program Timeline Dates/Deadlines</th>
<th>Program Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 12, 2018</td>
<td>Completed applications and materials due to ASN</td>
</tr>
<tr>
<td>April, 2018</td>
<td>Winners notified by ASN</td>
</tr>
<tr>
<td>April 2018</td>
<td>Winner(s) send headshot for ASN promotional materials and web site.</td>
</tr>
<tr>
<td>April 2018</td>
<td>Winners select and contact mentors for internship</td>
</tr>
<tr>
<td>Eight weeks within May – August 2018</td>
<td>Internship</td>
</tr>
<tr>
<td>August – September 2018</td>
<td>Complete evaluation, research paper and blog post for ASN</td>
</tr>
</tbody>
</table>
**Application Instructions**

The application form consists of two parts: *Part I* should be completed by the applicant, and *Part II* should be completed by the applicant's medical school advisor. Required documents include:

1. Application form, Part I (includes a personal statement) and Part II (completed by medical school advisor)
2. Applicant's curriculum vitae
3. Letter and transcript from applicant’s medical school confirming active student status
4. Letter of recommendation from medical school dean or his/her designee, in a sealed envelope

Send completed applications and all requested accompanying documents by no later than March 12, 2018 to:

American Society for Nutrition  
Attn: Stephanie Dunbar  
Clinical Nutrition Internship Program  
American Society for Nutrition  
9211 Corporate Blvd., Suite 300, Rockville, MD 20850  
Can be emailed, if able to: sdunbar@nutrition.org

**Application Form – PART I**  
*To be completed by the Applicant*  
*Due: March 12, 2018*

Name of Applicant: ____________________________________  
Medical School: ________________________________________

Current Year (1st Year, 2nd Year, etc.): _______  
Expected Graduation Date: ____________________________

Current Address: ________________________________________

Current Phone: ____________________________  
Email: ____________________________

Permanent Address: ________________________________________

Name and Location of Undergraduate: ____________________________

Major(s) and Minor: ________________________________________

In special medical school program of any kind (i.e., MD, PhD, MS, research)?  
Yes  No

If yes, please describe your area of research or program:
Experience in clinical or research in the field of nutrition:

Other formal education experience:

Do you have a mentor (ASN member) that you would like to work with?  
Yes  No
If yes, please provide your mentor’s name:_____________________________________________
If no, a mentor will be assigned to you.

Attach a PERSONAL STATEMENT (two page maximum), and please include:
  • Previous nutrition experience
  • Current plans for future medical career
  • Thoughts on how a nutrition internship would help meet your professional goals

Attach your CURRICULUM VITAE

Signature of Applicant: ____________________________ Date: _______________

Questions? Contact Stephanie Dunbar at ASN at sdunbar@nutrition.org
Application Form – PART II

To be completed by the Advisor

Due: March 12, 2018

Name of Applicant: ____________________________________________________________

Advisor: ____________________________________________________________

Advisor Title: ____________________________________________________________

Medical School: ____________________________________________________________

Mailing Address: ____________________________________________________________

Phone: ____________________________ Email: ________________________________

Plan for Applicant’s Future Nutrition Experiences

To ensure that the student’s interest in clinical nutrition is sustained and further developed upon completion of this internship, a broad-based nutrition mentoring plan for the remainder of his/her medical school training must be submitted. The plan should demonstrate how it relates to the nutrition program at your institution. Please describe this plan:

Signature of Sponsor/Advisor: ____________________________ Date: ________________

Questions? Contact Stephanie Dunbar at ASN at s dunbar@nutrition.org